



Empowering Youth and Families Program

- For middle school youth and their caregivers in Pender County
- Meetings will be held on **Monday evenings** in Burgaw, NC (exact location TBD) @ **6-8:30 PM**
- **Weekly sessions, beginning October 18th, 2021 and going through December 14th**
- **FREE meal** provided at each session for the whole family
- Culminating in a celebration and **FREE all inclusive weekend trip** to one of NC's beautiful 4-H camps

**Funded by SAMHSA*

Topics include:

- Parenting and child development
- Social and emotional competence
- Making healthy connections in social circles
- Opioid misuse prevention strategies and protective factors

Registration is required to attend

For more information or to **register**, contact **Jessica Hall** at jlautry2@ncsu.edu or 910-259-1391

Pender County Cooperative Extension Office
801 S. Walker St.
Burgaw, NC. 28425



NC STATE
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Family & Consumer
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SAMHSA
Substance Abuse and Mental Health
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