




STAYING AHEAD OF THE CURVE

Current COVID-19 Restrictions in NC

UPDATED
2/24/2021

<p>Face Coverings</p>	<p>Required in all indoor settings if there are non-household members present, regardless of the distance away. Required in public outdoor settings if individuals are unable to maintain 6 feet of social distance with non-household members. Exceptions include children 5 years and under and those with a medical or behavioral condition or disability who would be unable to put on or remove a face mask without assistance. Read Executive Order 169, Section 2.4, for full details.</p> <p>For full requirements, see Face Coverings Guidance</p>
<p>Alcohol Sales</p>	<p>No sale of alcohol for onsite consumption after 11 p.m.</p>
<p>Mass Gatherings</p>	<p>25-person limit indoors, 50-person limit outdoors</p>
 <p>Open</p>	<p>Businesses</p>
	<p>Child Care</p>
	<p>Day and Overnight Camps</p>
	<p>Outdoor Playgrounds</p>
	<p>Places of Worship</p>
	<p>Parks and Recreation</p>
 <p>50% Capacity</p>	<p>Museums and Aquariums</p>
	<p>Pools – outdoor and indoor</p>
	<p>Restaurants – Face covering exception for patrons when actively eating or drinking. The sale and service of alcoholic beverages is prohibited between 11 p.m. and 7 a.m. Delivery or carry-out of mixed beverages is permitted.</p>
	<p>Retail Businesses</p>
	<p>Salons, Personal Care and Tattoo</p>
	<p>Gym and Indoor Exercise – Includes yoga studios, dance studios, martial arts, indoor trampoline and rock climbing facilities, indoor fitness (basketball courts, volleyball courts, racquetball courts, squash courts, tennis courts), health clubs and fitness centers, skating rinks, bowling alleys.</p>
 <p>30% Capacity</p>	<p>Very Large Venues – Outdoor venues with more than 10,000 seating capacity are limited to 30% occupancy. Indoor venues with more than 5,000 seated capacity are limited to 15%.</p>
	<p>Small and Medium Venues – Indoor occupancy at 30% or 250 guests, whichever is less. Outdoor occupancy at 30% occupancy. Includes:</p> <ul style="list-style-type: none"> • Auditoriums, amphitheaters, arenas, and other venues for live performances • Music halls, night clubs, or dance halls • Adult entertainment facilities • Spectator stands and viewing areas at a sporting facility, stadium, sporting complex, or speedway
	<p>Bars – Face covering exception for patrons when actively eating or drinking. The sale and service of alcoholic beverages is prohibited between 11 p.m. and 7 a.m. Delivery or carry-out of mixed beverages is permitted. Outdoor spaces can operate at 30%. Indoor bars can operate at 30% occupancy or 250 guests, whichever is less.</p>
	<p>Meeting and Event Spaces – Indoor spaces can operate at 30% occupancy or 250 guests, whichever is less. Outdoor spaces can operate at 30% occupancy.</p>
	<p>Movie Theaters and Gaming – Indoor spaces can operate at 30% occupancy or 250 guests, whichever is less. Outdoor spaces can operate at 30% occupancy.</p>

*NOTES: Different settings may have specific requirements and recommendations.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

Guidance on the requirements and recommendations for each phase is available online at covid19.ncdhhs.gov/guidance.